TRANSITION SENIOR CARE EXCEPTIONAL CARE PLANNING AND MANAGEMENT FOR SENIORS

Whether your older family member is recovering from a fall or sudden illness or adjusting to long-term physical or mental challenges, you want to do right by a relationship that goes back for decades.

Transition Senior Care's expert advice and toptier connections can help you ensure that your loved one maintains optimal independence and well-being as he or she navigates the health care system or needs at home.

When you can't be with your family member, Practice Owner L---- H----, RN, LCSW can be by their side in the emergency room or doctor's office. She can also monitor and act quickly to improve their quality of care in any living situation.

TSC limits the number of clients accepted so that each client and family receives prompt, customized attention.

Our mission best expresses our commitment.

MISSION

Provide exceptional service that achieves:

For Seniors:

- Optimal Well-Being and Coping
- Strength, Independence and Stabilized Symptoms
- Ability to Maintain or Return Home
- Seamless Continuity of Care
- Success and Comfort in Adapting to Life Changes

For Families:

Relief and Lasting Peace of Mind

Learn more about TSC's <u>services</u>.

L---- H----, RN, LCSW, CASWCM PRACTICE OWNER [L's Photo]

L---- H---- offers expertise drawing from both psychiatric nursing and clinical social work with a wealth of experience caring for seniors at all levels. She provides care coordination services in Westchester County and Manhattan's Upper West Side and maintains a psychotherapy private practice in Westchester as well.

With an extensive background in directing and supervising hospital units, out-patient clinics, and transitional residential programs for seniors and adults, Ms. H---- also knows how to help clients obtain the best possible care and treatment in a variety of medical and institutional settings.

L---- holds a Bachelor of Science in Nursing from Columbia University and a Masters Degree in Social Work from the City University of New York.

CERTIFICATIONS AND ASSOCIATIONS:

- ✓ Advanced Member and Certified Care Manager, Aging Life Care Association
- ✓ Licensed Registered Nurse
- ✓ Columbia University School of Nursing Alumni Assn
- ✓ Past Executive Board Officer, Metropolitan Chapter, New York State Society for Clinical Social Work
- ✓ American Association for Psychoanalysis in Clinical Social Work
- ✓ Board Certified Diplomate in Clinical Social Work
- ✓ Course Developer—Post-Masters Certification in Care Management, City University of New York School of Social Work

You do not have to struggle alone with your loved one's changing needs.

Call (111) 234-5678 or email info @ companyname.com to schedule a conversation to discuss your family member's specific situation and how Transition Senior Care can be of help. Or learn more about our <u>services</u>.